Individual Style Survey

Personal Descriptors:

Spontaneous: He/she is instinctive and acts on impulses.

Analytical: He/she is careful, critical and strives for accuracy.

Outgoing: He/she is energetic, expressive and enjoys talking to people.

Reserved: He/she is sensitive, quiet and generally keeps thoughts and feelings to his/herself.

Assertive: He/she is open and forthright in expressing ideas and feelings.

Patient: He/she is tolerant, calm and willing to let situations run their natural course.

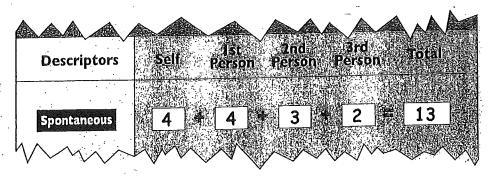
Forceful: He/she has clear ideas and takes action to get things done.

Empathic: He/she is sympathetic, understanding and responds easily to the feelings of others.

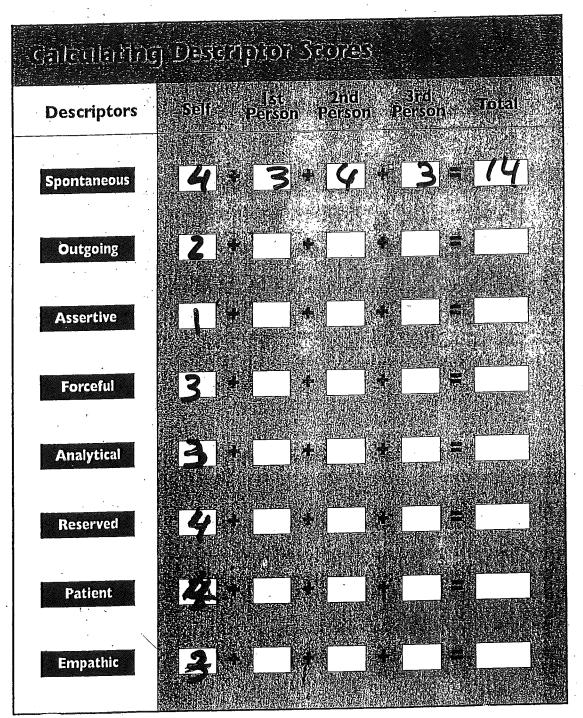
Scoring the Individual Style Survey

Example:

Suppose that the Self Appraisal is 4 in terms of Spontaneous and the three others have rated Spontaneous as 4, 3 and 2. The table below would be completed as follows:



The Total Score is the sum of the four sets of ratings.

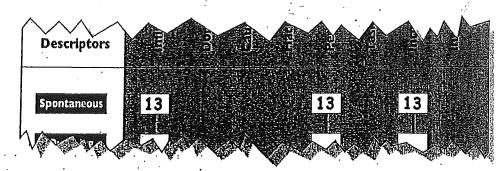


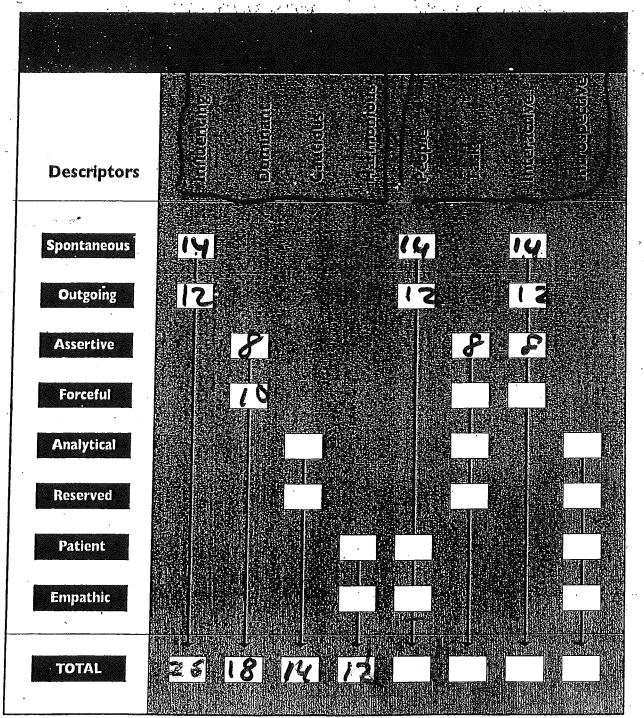
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Scoring the Individual Style Survey

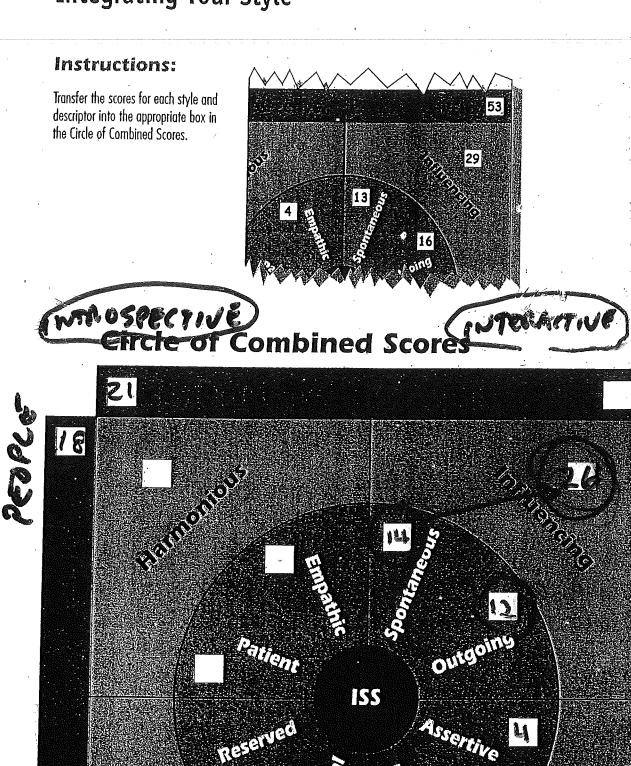
Example:

If you have a score of 13 for Spontaneous, place the number 13 in each box on the Spontaneous row. Do the same for each of the other descriptors.





Integrating Your Style



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